

THE POWER OF PRAYER

Pope Benedict XVI, Shepherd of Truth

Notable quotations from Pope Benedict XVI and official teachings
of the Roman Catholic Church

OPEN MINDS AND HEARTS

The daily encounter with the Lord and regular acceptance of the Sacraments enable us to open our mind and heart to His presence, His words and His action.

“OASIS OF PEACE”

Prayer is not only the breath of the soul ..., it is also the oasis of peace from which we can draw the water that nourishes our spiritual life and transforms our existence.

“SCALE THE MOUNTAIN”

God draws us towards Him, offering us enlightenment and consolation, and enabling us to scale the mountain of holiness so that we may be ever closer to Him.

POWER IN WEAKNESS

The power of God, Who does not abandon us or leave us on our own but becomes our support and strength, is revealed at the very moment when we experience our own weakness.



GOD WORKS THROUGH WEAKNESS

... To the extent that our union with the Lord increases and that our prayers become intense, we also .. understand that it is not the power of our own means, our virtues, our skills that brings about the Kingdom of God but that it is God Who works miracles precisely through our weakness, our inadequacy for the task.

WITNESS TO GOD’S POWER

In a world in which we risk relying solely on the efficiency and power of human means, we are called to rediscover and to witness to the power of God which is communicated in prayer, with which every day we grow in conforming our life to that of Christ ...

TRANSFORMED LIVES

... The more room we make for prayer the more we will see our life transformed and enlivened by the tangible power of God’s love.

NOT ALIENATED FROM REALITY

Contemplation of Christ in our life does not alienate us ... from reality. Rather it enables us to share even more in human events, because the Lord, in attracting us to Him through prayer, enables us to make ourselves present and close to every brother and sister in His love.

(Source; General Audience, 6/13/12)

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Presentation Ministries
3230 McHenry, Cincinnati, Ohio 45211
(513) 662-JESU (5378)
www.presentationministries.com